

Australian
ALZHEIMER'S
RESEARCH
Foundation

C F B M O M X V K
O S J M C H V H E
P N O R E B I F M
O A O Q S A U Q C
V E G G I E T U B
F B G R A I N S K
X R Y X N U A F Y
W Q U T T D I R C
Z P B I T O I L S
J D F G T A B X O
F J A S D S R W X

Find these healthy food words in the word search puzzle. Have fun!

Grains

Fruits

Meats

Veggie

Oils

Dairy

Beans